

Stepping Hill Hospital Information

Demographics:

Location & Trust: Stepping Hill Hospital, Stockport NHS Foundation Trust

College Tutor: Dr Helen Stannard

Wellbeing Lead: Dr Elizabeth Shackley

Trust SuppoRTT Lead: Dr Elizabeth Shackley

Director of Medical Education and Trust LTFT Lead: Dr David Baxter

Description of Hospital/Department:

Stockport NHS Foundation Trust is an integrated provider of acute hospital and community services to the people of Stockport, as well as serving the populations of East Cheshire and the High Peak in North Derbyshire. Stepping Hill Hospital treats over 500,000 patients per year and Community Health Services are run across 24 sites in Stockport and 17 sites in Tameside and Glossop.

The paediatric service at Stockport is unique in that it offers a fully integrated Child Health Service, combining paediatric medicine, neonatal medicine, child development and disability. There are extensive community services including a child development unit, a children's learning disability team and respite provision off-site for children with severe physical and learning disabilities.

Stockport's acute paediatric ward has 20 medical inpatient beds, four surgical beds, an 8-bedded assessment and observation unit and a 2-bedded high dependency unit. There is a high throughput of predominantly short stay patients, a significant number of medium stay patients and a group with usually severe disabilities often requiring long stay or repeated admissions. Children regularly require transfer to regional centres with the North West and North Wales Transport Service (NWTs). There is a busy Emergency Department with a specific Paediatric Area. The unit also supports children's surgical services in orthopaedics, ENT and ophthalmology.

Stockport has a Local Neonatal Unit (LNU) with 17 cots, two of which are intensive care, three high dependency and 12 special care for infants over 27 weeks gestation. There is a 4-bedded transitional care bay on the neonatal unit with transitional care also provided on the post-natal ward in the maternity unit. The LNU has support from radiology for ultrasound scans and ophthalmology for retinopathy of prematurity (ROP) screening.

Day to day Duties of Trainees:

Trainees have a timetable specific for their level with time allocated for teaching, supervision, audit, guidelines and portfolio work. The rota includes working on the Paediatric ward, Paediatric Assessment Unit, Neonatal Unit and Maternity wards and experience in the Paediatric Outpatient department.

General Paediatrics:

Trainees work on the Paediatric ward, contributing to the Consultant-led Ward Round, clerking and assessing (Tier 1) and reviewing (Tier 2) patients in the Paediatric Assessment Unit and attending the Emergency Department. They have protected time to attend general paediatric clinics and relevant subspecialty clinics in the outpatient department and on the virtual platform. Trainees are encouraged to develop a broad whole population approach including understanding of the primary

care interface, ambulatory paediatrics and public health by attending GP led clinics within the department, working with Allied Health Professionals, including Dieticians and Specialist Nurses in Respiratory, Diabetes and Epilepsy, joining the Children's Community Nursing Team on their home visits, using the virtual ward, attending vaccination clinics and observing (Tier 1) or performing (Tier 2) Section 47 Safeguarding Medicals with Consultant supervision.

Neonates

Trainees contribute to the Consultant-led Neonatal ward round, carry out newborn assessments on the postnatal ward (Tier 1) and attend deliveries. The focus on NNU is managing acute and long-term admissions, communication with families, experience with procedures, facilitating transfers and attendance at discharge planning meetings and safeguarding discussions.

Community

Trainees can gain experience in the outpatient department with a focus on Neurodevelopmental clinics, ADHD and Autism assessments, school clinics, LAC/ Adoption and Epilepsy. They also have the opportunity to work with the CDU team (including Physiotherapists, SALT, Occupational Therapists) and attend joint clinics for Cerebral palsy and Neurology, with appropriate specialists from RMCH.

Areas of Specialism/Research/Specialty Links:

The paediatric department are proactive and innovative in facilitating integrated primary/secondary care, including a highly skilled Children's Community Nursing Team, GP led clinics on-site in the Paediatric department and use of a virtual ward with plans to pilot remote monitoring. There are strong links with Child and Adolescent Mental Health services for inpatients, outpatients and Emergency Department attenders.

In addition to General Paediatric clinics, each Consultant has an area of specialist expertise with links to the tertiary centres, including diabetes, endocrinology, respiratory, cystic fibrosis, epilepsy, neurology and neurodisability, child mental health, ADHD, ADOS assessments, cardiology, renal, allergy, coeliac disease, eating disorders, chronic fatigue, immunisations, Looked After Children and safeguarding.

The department contribute to Regional, National and International Research projects, supported by the Research and Innovation department.

Trainee Opportunities:

At Stockport, trainees have a unique opportunity to gain experience and achieve competencies in general paediatric medicine, neonatal medicine, child development and disability, integrated care, public health and child and adolescent mental health. There are also opportunities to experience a variety of sub-specialty clinics and MDT meetings.

Stockport currently offers a SPIN in Diabetes. It is anticipated that the department will be able to offer SPINs in Neonatology, Mental Health and Safeguarding in the near future.

The team prioritise a friendly supportive working environment. Tier 1 doctors are mentored by Tier 2 doctors. Transition to Tier 2 is supported by enhanced supervision, with at least one Consultant being present at peak times, and support from experienced Advanced Nurse Practitioners. Trainees are encouraged to develop their leadership and team-working skills. Senior trainees have the opportunity to shadow Consultants in their Management and Lead roles.

Educational Opportunities/Meetings including audit:

Trainees are encouraged to teach and induct trainees and undergraduates and organise the weekly departmental teaching programme including journal club and regular simulation sessions.

There is a robust QI and Audit programme in the department and trainees are encouraged to review and develop guidelines.

Trainees are expected to attend, present and contribute to M&M meetings, Safeguarding peer review, MDT, Audit, Perinatal mortality and morbidity meetings.

Additional Hospital Amenities:

Stockport NHS Foundation Trust has very proactive Occupational Health and Staff Health and Wellbeing Departments including access to Staff Counselling, Podiatry, Physiotherapy, Smoking Cessation / Alcohol Support / Weight Management. The Trust also offers subsidised complementary therapies, classes such as Tai Chi, Zumba and yoga and discounted personal training sessions.

Staff are encouraged to minimise car use as much as possible. The following benefits are available to all those wishing to walk, cycle and car share or take public transport: Interest free loans available to buy a bicycle; Separate male and female shower and changing facilities; Secure cycle parks across the hospital site; Discounted bus tickets and Interest free loans to purchase an annual travel card; Staff who car share receive a reduced rate on parking and a designated car sharers parking pass